

Prove that the quadratic cost function given by

$$f(x) = x^\top Qx, \quad Q = Q^\top \succeq 0,$$

is convex.

Solution: A function $f(x)$ is convex if:

$$f(\alpha x + (1 - \alpha)y) \leq \alpha f(x) + (1 - \alpha)f(y)$$

for all $0 \leq \alpha \leq 1$. Given that $f(x) = x^\top Qx$, we apply the definition of convex function. The condition can be written as:

$$\alpha f(x) + (1 - \alpha)f(y) - f(\alpha x + (1 - \alpha)y) \geq 0.$$

Substituting for $f(x)$ into the LHS of the previous equation yields:

$$\begin{aligned} & \alpha x^\top Qx + (1 - \alpha)y^\top Qy - (\alpha x + (1 - \alpha)y)^\top Q(\alpha x + (1 - \alpha)y) \\ &= \alpha(1 - \alpha)x^\top Qx - 2\alpha(1 - \alpha)x^\top Qy + \alpha(1 - \alpha)y^\top Qy = \alpha(1 - \alpha)(x - y)^\top Q(x - y). \end{aligned}$$

Define $z = x - y$. We then obtain the following quadratic form:

$$\alpha(1 - \alpha)z^\top Qz.$$

Since $0 \leq \alpha \leq 1$, $Q = Q^\top \succeq 0$, and for any z ,

$$\alpha(1 - \alpha)z^\top Qz \geq 0,$$

hence, the convexity definition of a function is satisfied.